

RESOURCES



Spinal cord injury

Name	Who/what
QuadPara SA www.qasa.co.za info@qasa.co.za 031 767 0348	The association for people with paraplegia or quadriplegia in South Africa
Spinal Cord Injury Information pages www.sci-info-pages.com	Online international platform with information for patients living with spinal cord injury
Rolling Inspiration www.rollinginspiration.co.za 011 782 1070	A South-African magazine catering for persons with mobility challenges
Spinal Cord Injury Research Evidence scireproject.com/community/	The SCIRE community is an online platform providing the latest evidence on spinal cord injuries explained in simple language
Paralysed Veterans of America https://pva.org/	A site with useful information for patients and practitioners



Traumatic brain injury

Name	Who/what
Brain Life brainlife.tshwane@gmail.com	A non-governmental organisation for people with acquired brain injury
Brainline www.brainline.org	Online international platform with information for patients and families with a person living with a traumatic brain injury
Synapse https://synapse.org.au/	An Australian-based website with useful information for families and patients
Same You https://www.sameyou.org/	Emma Clarke from Game of Thrones' website on brain injury



Stroke

Name	Who/what
Stroke Survivors Foundation www.strokesurvivors.org.za 082 306 3214	An organisation that provides a national network for stroke survivors and their families
Stroke support group Pretoria www.strokesupport.co.za 084 270 4507	A social support group catering to the needs of people who have had strokes in the Pretoria area
The Heart and Stroke Foundation of South Africa heartfoundation.co.za/stroke-support-directory heart@heartfoundation.co.za	Provides a list of stroke support groups



General

Name	Who/what
National Council of & for Persons with Disabilities www.ncppdsa.org.za nationaloffice@ncppdsa.org.za	An umbrella body coordinating the advancement of the rights of persons with physical disabilities
Employment solutions www.disabilityemployment.co.za emplsol@interkom.co.za 086 652 5873	An organisation that helps provide employment opportunities for persons with disabilities. Can assist with wheelchair repairs
South African Depression and Anxiety Group (SADAG) www.sadag.org 080 012 1314	A non-profit organisation providing support for persons suffering from anxiety, depression or substance abuse